



YOUR SECOND ACT THOUGHTS

BECOMING YOU ~ YOUR INTUITIVE SELF!
A SECOND ACT BRINGS YOU TO THE
THRESHOLD OF LIVING YOUR DREAMS.

We transform your heart, your mind, your vibration, and your spirit to create Your Second Act in Life!

This tool is designed to help you shift your **mind**. Embarking on a Second Act is about transitioning out of what **IS** into **AWARENESS**.

This tool delivers!

YOUR SECOND ACT THOUGHTS

Go beyond your mind clutter to have clarity in your life. Clarity raises your heart vibration, the heart is where your intuition lives! I recommend that you make at least 3 copies of the next 2 pages.

Just doing this exercise for a few minutes a day will help you reveal & release truths about your negative thinking.

BECOMING YOU ~ YOUR INTUITIVE SELF

Part of the directions on Page 2 ask you to burn Page 1! Why? There is a primal connection to the ritual of creating fire.

Burning old thought patterns is a powerful tool to use for your quantum leap!

BECOMING YOU ~ YOUR INTUITIVE SELF

I can't wait for you to start connecting to your true, intuitive self -living the heart-centered life. **Shifting your thoughts creates AWARENESS! And so it begins...**

Let's Go!

BOOK A SECOND ACT CALL

1. When you start an intuitive mentoring program with me, be prepared for your whole world to shift.
2. Your dream team awaits - *You & Me!*
3. The Second Act Thoughts is just one of the tools we use to transform your life.
4. If you are someone that takes fast action and you'd like to learn about working together, book your complimentary call with me today.



[BOOK A SECOND
ACT CALL](#)



You CANNOT experience growth beyond the limiting beliefs that are held.

Let's release them!

lauren wingate *Intuitive*